

AIKIDO INSTITUTE
DAVIS

INTRODUCTION TO AIKIDO

BEGINNERS COURSE

JAN 16 - MAR 8, 2018

The Martial Art of Non-violence

Take control peacefully!

Starts Tuesday Jan 16

\$100 for 8-week course

Tuesdays 6:00–6:50 PM

Thursdays 6:00–6:50 PM

Our school is located behind the
Davis Police Department

Aikido is a non-violent martial art designed to resolve conflict and promote fitness, balance and peace. It is appropriate for all ages.

The fee for this 8-week course is only \$100 and includes a training uniform, basic instructions twice a week for eight weeks. We recommend uninterrupted attendance during the course.

TO REGISTER call 530-297-1215 or send e-mail to aikidodavis@gmail.com stating your interest or just show up for first class. Please arrive 20 minutes early on the first day. You can fill out in the student application form at www.AikidoDavis.com and bring it to the first class.



Sunni executes wrist lock on Martin



The Founder executing a throw



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